# Preschool / Pre-K Daily Schedule:

<table>
<thead>
<tr>
<th>Time</th>
<th>Activities</th>
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| 6:30 - 9:00 AM| Good Morning! Arrival & Handwashing  
Students Sign In / Name Writing Practice  
Quiet Educational Activities in Designated Learning Centers:  
  - Literacy  
  - Math & Manipulatives  
  - Puzzles  
  - Writing and Language Arts |
| 9:00 - 9:30 AM| Bathroom Time / Toilet Training (as needed) & Handwashing*  
Nutritious Breakfast Provided by Dr. Day Care |
| 9:30 AM - 12:00 PM| Circle Time  
Small Group & Center Time  
  - Blocks  
  - Creative / Process Art  
  - Dramatic Play  
  - Math & Manipulatives  
  - Music & Movement  
  - Nutrition  
  - Sensory Table / Science  
  - Woodworking Table  
  - Writing / Language Arts  
Outdoor Activity/Gross Motor Play  
Toilet Training & Handwashing* |
| 12:00 - 12:30 PM| Nutritious Lunch Provided by Dr. Day Care |
| 12:30 - 2:30 PM| Rest Time  
Bathroom Time / Toilet Training (as needed) & Handwashing* |
| 2:30 - 4:00 PM| Nutritious Snack Provided by Dr. Day Care  
Quiet Educational Activities in Designated Learning Centers:  
  - Books  
  - Math & Manipulatives  
  - Puzzles  
Outdoor Activity/Gross Motor Play |
| 4:00 - 4:30 PM| Afternoon Circle Time |
| 4:30 - 6:00 PM| Bathroom Time / Toilet Training (as needed) & Handwashing*  
Quiet Educational Activities in Designated Learning Centers:  
  - Story Time  
  - Math & Manipulatives  
  - Language & Literacy  
Prepare for Departure - Thank you for learning with us! |

*Toilet Training as needed throughout the day.*

This schedule is a general guideline. The individual needs of each preschooler will also be considered.