

Daily Schedule Infant

(Infants ages 6 weeks – 5 months will typically follow their own individualized schedule)

Ages:	6 months- 14 months:	15 months – 18 months:
Early morning	<i>Reminder: first feeding is at home</i> Arrival & Greeting Ritual Meal Times (as appropriate, per child's schedule) * Teachers and children engaged in interactive play	
Approx. 8:30 AM	Diapering & Handwashing* Nutritious Morning Snack / Breakfast	
9:00 -11:00 AM	Rest Time	Educational Play <ul style="list-style-type: none"> ♦ Tummy Time ♦ Fine Motor ♦ Gross Motor ♦ Outdoor Activities ♦ Music & Movement ♦ Sensory/Discovery
		Morning Circle Time <ul style="list-style-type: none"> ♦ Brain Smart Start ♦ Wish Well / Welcome Back ♦ Safekeeper Ritual
Approx. 11:00 AM	Diapering & Handwashing* Meal Time* / Nutritious Lunch	
12:00 - 2:00 PM	Educational Play <ul style="list-style-type: none"> ♦ Tummy Time ♦ Fine Motor ♦ Gross Motor ♦ Outdoor Activities ♦ Music & Movement ♦ Sensory/Discovery 	Rest Time
	Afternoon Circle Time <ul style="list-style-type: none"> ♦ Brain Smart Start ♦ Wish Well ♦ Safekeeper Ritual Diapering & Handwashing* Bottle or Drink	
2:00 - 4:00 PM	Rest Time Nutritious Afternoon Snack *	Nutritious Afternoon Snack * Educational Play (as listed above)
Afternoon	Afternoon Circle Time <ul style="list-style-type: none"> ♦ Brain Smart Start ♦ Celebration center Diapering & Handwashing* Educational Play (as listed above) Goodbye Ritual	



* See Feeding Infants Policy for more information on meal time schedules. Diapers are changed every 2-3 hours and as needed.

This schedule is a general guideline. The individual needs of each child will also be considered.