

January 2026

Preschool

Monday	Tuesday	Wednesday	Thursday	Friday
			Dr. Day Care is closed to celebrate New Year's Day – enjoy!	Celebrating the color of the month, orange =anaranjado. Wear something orange today (S)
Ask Your Child/Car Chatter: As	sk your child to notice orange obje	cts on the way to school in the m	norning	
 J is for performing 10 jumping jacks while counting out loud (PH, M) 	6 Cutting and gluing different sizes of orange rectangles and arranging them by descending order (M, PH, CD *	7 Singing our song of the month,"Encouraging Words"– see the back (LD, SE)	8 Exploring photos of vacation destinations and discussing what we would need to pack (LD, SS)	9 Creating a musical sensory bin by making 9 different instruments (percussion, string, etc.)
Ask Your Child/Car Chatter: Ca	an you do 10 jumping jacks with yo	ur preschooler while counting to	10?!	
Reading a book by the author of the month, Don Freeman - see the back for suggestions (L)	13 Transforming our dramatic play center into an airport where we choose our jobs (CA, LD)	14 Creating/updating our Friends and Family board (SE, SS)	15 M is for music making! Creating our own beat with homemade shakers using different materials to discriminate sounds (PH, CD) *	16 Practicing how to balance in airplane yoga pose (PH)
Ask Your Child/Car Chatter: Ch	noose a book by the author of the	month, Don Freeman to read at	bedtime	
19 Dr. Day Care is closed to celebrate Martin Luther King Day – enjoy!	20 Listening to music from different cultures as we paint and share our feelings (CA, SS, PH)	Signing and saying in Spanish our words of the month: world = mundo and music = música	22 Embarking on an adventure while looking through books of faraway lands and discussing and drawing what we see (SS, LD, CA)	23 Using our critical thinking skills as we explore how to create orange by mixing different colors to create slime CA, S, CD)
Ask Your Child/Car Chatter: Pr	actice the words of the month in s	ign language and Spanish		
26 Exploring the idea of faraway lands by jumping from one iceberg to another during outdoor play (PH, SS)	from colder climates and their footprints while playing with playdough (S, SS, PH)	28 Enjoying an art activity inspired by the author of the month, Don Freeman (CA, L) *	29 Moving our bodies to different tempos and beats of music (CA, PH)	30 Joining in a sing- along/band to demonstrate our musical talents (CA, SE)
Ask Your Child/Car Chatter: Tu	urn on your favorite tunes and mov	ve to the beat with your child		

"Ask Your Child/Car Chatter"

Use these questions or suggestions to help your child make connections from school to home by talking about what was learned in school, connecting play to school concepts, and more!

Rhode Island Early Learning & Development Standards (RIELDS) Domains:

(Denotes calendar activities that are aligner with the RIELDS)

- CA Creative Arts
- CD Cognitive Development
- PH Physical Health and Motor
- Development
- L Literacy
- LD Language Development
- M Mathematics
- S Science
- SE Social and Emotional Development
- SS Social Studies

Early Learning standards articulate shared expectations for what young children should know and be able to do. They provide a common language for measuring progress towards specific learning goals.

Curriculum Calendar

*denotes take home project that will be placed in your child's mailbox





Color:

Concepts of the Month

Creative Curriculum Study: Music-Making

Visit our website to see videos of our Curriculum Concepts!



Monthly Topic:

Far Away Lands

(related to Creative Curriculum Study)

orange = anaranjado

Shape: rectangle = rectangulo

Numbers: 9 & 10

Letters: J & M

Spanish Words: world = mundo music = música

Author/Illustrator Spotlight: Don Freeman

Suggested books to read together:

A Pocket for Corduroy

Bearymore Gregory

Corduroy

Dandelion

Gregory's Shadow

Norman the Doorman

Sign Language:

World

Music





Song of the Month: Encouraging Words

To the tune of: I've Got the Whole World in My Hands" Chorus: I've got encouraging words in my mind (3x)

And I can share them all with you. "You can do it!" is what I say (3x)

That's what I say to you.

Chorus

"Way to go! You did it!" is what I say (3x)

That's what I say to you.

Chorus

"I wish you well!" is what I say. (3x)

That's what I say to you.

Chorus

https://www.youtube.com/watch?v=V9iAP7afLVQ

Math and Measuring: Number Sense and Quantity

Children develop number recognition and counting skills and learn the relationship between numbers and the quantity they represent. Infants can recognize that there are "one" or "two" of something, toddlers can learn to count up to 5 objects accurately, and preschoolers use strategies to accurately count sets of up to 10 objects.

Yoga Pose:

Airplane



Spotlight on: Literacy



Development in this domain serves as a foundation for reading and writing acquisition. The development of early literacy skills is critically important for children's future academic and personal success. The components within this domain address phonological awareness, alphabet knowledge, print awareness, text comprehension and interest, and emergent writing.